AFTERCARE INSTRUCTIONS FOR EACH PROCEDURE:

Lip Tattoo Aftercare:

- After your session, redness, bruising, irritation and swelling should be expected. As the numbing wears off, the lips may begin to tingle and throb.
- Day 1: Immediately after tattooing, wipe the lip with a damp cloth provided and apply healing balm once an hour for 3 hours. This is to remove the lymph and blood to prevent undesirable scabbing. After the 3 hours, wipe every 2 hours and apply healing balm until bedtime.
 - Day 2-7 wipe lips with any brand of paper towel and bottled water.
 - Do not use tap water.
- Day 2: Wipe lips 4-6 times a day. Keeping them moisturized with healing balm all day.
- Day 3-7: Wipe lips am and pm, keep them moisturized.
 - O By the end of day 7 lips will be fully exfoliated.
- After day 7 use a UV protectant lip balm.
- Do NOT touch the tattooed area without washing hands.
- Spicy foods will not interfere with healing but may burn while eating upto 48 hours post tattooing.
- If consuming alcohol, please drink from a straw for 48 hours.
- Be mindful of kissing, and other intimate acts for 10 days post tattooing.
- The front teeth may be sore 24-48 post tattooing.
- Do NOT apply makeup directly on or around the tattooed area for 7-10 days.
 - O Practice the Peace Sign- No GO Zone
- Your second session is to be held within 6-8 weeks.

Wipes- water wipes and paper towels.

Balm- Afterinked

UV lip balm- when in stock

Detailed Instruction Card

Eyeliner / Lash Enhancement Tattoo Aftercare:

- After your session, slight redness, bruising and irritation should be expected.
 - The outside edges of the eye, where the stretch was applied, may be tender.
- Wash the area twice a day with warm water and the gentle cleanser provided.
 - Gently use your finger tips. Do not use a wash cloth on the tattooed area.
- Enjoy your shower, but do not let the shower aim toward the face directly.
- No pools, hot tubs, saunas, lakes or ocean for 14 days.
- After washing, pat dry. Allow to air dry for about 5-10 minutes
- After dry, apply a thin layer of aftercare balm provided.
- Do NOT apply makeup directly on or around the tattooed area for 7-10 days.
 - O Practice the Peace Sign- No GO Zone
- If scabbing or peeling occurs, do not pick or peel.
- Be mindful of sleeping on your side for 2-3 days.
- Do NOT touch eyelids without washing hands.
- The eye drops provided to use if needed though not mandatory.
- Your second session is to be held within 6-8 weeks.

Cleanser- Cetaphil
Balm- Afterinked
Eye Drops- Refresh Water Drops
Detailed Instruction Card

Eyebrow Tattoo Aftercare:

- After your session, slight redness, bruising and irritation should be expected
- It is common to be stuffy post appointment due to the pressure on the sinus cavity.
- Wash the area twice a day with warm water and the gentle cleanser provided.
 - Gently use your finger tips. Do not use a washcloth on the tattooed area.
- Enjoy your shower, but do not let the shower aim toward the face directly.
- No pools, hot tubs, saunas, lakes or ocean for 14 days.
- After washing, pat dry. Allow to air dry for about 5-10 minutes
- After dry, apply a thin layer of aftercare balm provided.
- Avoid heavy sweating for 14 days. Acidity in sweat and the rise of the body temperature can alter the pigment color.
- Do NOT apply makeup directly on or around the tattooed area for 14 days.
 - o Practice the Peace Sign- No GO Zone
- NO brow tints and other facial treatments for 14 days.
- If you are using anti-aging or acne products that lighten, brighten or tighten skin avoid using around the brow area for 30 days.
- Be mindful of sleep on your side for 2-3 days.
- Do NOT touch brows without washing hands.
- Your second session is to be held within 6-8 weeks.

Cleanser- Cetaphil
Balm- Afterinked
Brow Shaper- Tinkle Razor
Detailed Instruction Card

Procell Microchanneling Aftercare:

- Roll on the Delivery Solution every 5 10 minutes to the treated area until gone.
- For best results, no other products should be applied to the treated area until the following day.
- Avoid exposure to close contact pet dander, dirt, dust and other irritants.
 - A mild allergic reaction to pets and other irritants may occur.
- After your first treatment you may experience a mild redness, swelling, tightness or warmth to the treated area between upto 72 hours post appointment. You may apply a clean cool compress if desired.
- Mild skin sloughing may occur for a few days after treatment. Moisturize
- Mild acne may occur. Do not pick.
- Trans Epidermal Water Loss, (the amount of water that passively evaporates through skin), is a common and may leave you feeling dry through the first week. Keep the recommended moisturizer with you during the day and apply as frequently as necessary to avoid a dry sensation. The more you moisturize the better your results will be.
- HYDRATE, HYDRATE, HYDRATE.
- Your treatment plan is 4 appointments scheduled 4 weeks apart.
 - Additional sessions may be added on.

Roller Ball- Growth factor delivery serum

Moisturizer- Cetaphil face moisturizer if needed

Detailed instruction card

Piercing Aftercare:

- Recommended Wash: Dial Antibacterial Soap
- Wash gently morning and evening.
- Do not touch the pierced area with dirty hands.
- Do not change jewelry for 8 weeks.

Tattoo Aftercare:

- Recommended Wash: Dial Antibacterial Soap/ Cetaphil
- Wash gently daily.
- No soaking or submerging the tattooed area
 - $\circ \;\;$ No pools, hot tubs, saunas, bathtubs, lakes, rivers or oceans for 14 days.
- Apply a thin layer of non scented lotion of choice 1x2 times daily.
- A tattoo needs to have fresh air to heal well. Do not cover.
- Limit direct sun exposure for 14 days
 - o Do not apply sunscreen to a fresh tattoo.